

Introducing

The Mind Aid Concert

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A concert to help people with mental illness in developing countries





Matthew Dickson

Founder of Mind Aid

I'm no stranger to mental illness.

I know how difficult it can be.

I'm Matthew Dickson, the first person with schizophrenia to bicycle across Canada in 2023.

I bicycled across Canada the first time in 1992 before I got the disease, so I've biked it twice now. I have fully recovered from schizophrenia. A film has been made about the bike ride.

In 2017, I was introduced to mental health in developing countries by Vikram Patel's TED talk "**Mental Health for All by Involving All**". Then in 2018 I made the Mind Aid website.





Over 270,000,000 people in developing countries have no mental health care.

Photo by Robin Hammond/Panos

Some countries have only one psychiatrist per million people. No medications. No counselling. Some people with mental illness are actually kept in chains ([#BreakTheChains](#)). [READ MORE >](#)

Mind Aid: First Website of Its Kind in the World

- Mind Aid is the world's first website with all the groups helping people with mental illness in developing countries on one site.
- For this vastly under-resourced cause, no other website like it exists in the world.



Statistics of Mental Illness in Developing Countries

➤ Over 270 million people in developing countries have no mental health care. It is comparable to most of the US being mentally ill with no treatment.

➤ Also, in 60 countries there are 100,000s of people with mental illness, who are actually kept in chains, tied to a tree or a bed, as well as living in poverty.



Endorsers of the Mind Aid Nonprofits

➤ Mind Aid steers people towards organizations using models of basic mental health care. These models are low-cost, proven effective, and scalable.

➤ Endorsers of these organizations include:

Bill Clinton; Forest Whitaker; Allison Janney; Ashley Judd; Arcade Fire; Zak Williams, son of Robin Williams; Tim Shriver, founder of the Special Olympics



Other Large Mind Aid Nonprofits

- Mind Aid also steers people to more well-known organizations that include mental health in their work:
- UNICEF, Doctors Without Borders, World Vision, Plan, OXFAM, International Medical Corps





Variations of the Concert

A Mind Aid concert could be:

- a one-time mega-concert like Band Aid, Earth Aid, Live Aid.
- an annual concert
- many annual concerts (small, medium, large) around the world





Contact Me

- I am looking for groups with concert experience to partner with to make this dream come true.
- Would you like to give many people their mental health back with a concert(s) that will be talked about for years?

Contact me at: info@mindaid.ca

